

For over 30 years, PAR has been dedicated to helping you participate at the Hawaii State Legislature.

PAR is for the public

Not sure where to start?
Come by, call, or email us!
We'll be happy to help you as you take it one step at a time.

Add your voice.

Do it for yourself.

Do it for Hawaii.

In 1990, the Hawaii State Legislature established the Public Access Room (PAR) to provide the public with necessary resources for participation in the legislative process.

It's the first stop for Hawaii's citizens when working with the Legislature – whether from home, office, or at the Capitol.

We are non-partisan. We maintain our objectivity in order to serve the needs of those who use our facilities and services.

There is never a fee for services.

PAR is a division of the Legislative Reference Bureau, a non-partisan agency of the Hawaii State Legislature.

Public Access Room (PAR)
Hawaii State Capitol
415 S. Beretania St., Room 401
Honolulu, HI 96813

Phone: 808.587.0478

Email: par@capitol.hawaii.gov

PAR's website: lrb.hawaii.gov/par/

Legislature's website: capitol.hawaii.gov

 [PublicAccessRoom](#)

 [Hawaii Public Access Room](#)

 [publicaccessroom](#)

Office Hours

Hours during Regular Session (Jan. – April):
Monday – Friday, 8:00 a.m. – 5:00 p.m.

Hours during Interim (May – Dec.):
Monday – Friday, 8:00 a.m. – 4:30 p.m.



Hawaii's Public Access Room (PAR)

Your Office at the State Capitol

Don't make Hawaii's
Legislature do it alone.



You've got lots of power – let PAR help you put it into *action*

- Expert staff assistance
- Training/workshops
- Handouts & guides
- Workspace
- Office resources
- Non-partisan
- Never a fee for services

State Capitol, Room 401
Phone: 808.587.0478
par@capitol.hawaii.gov

Participate in Your Democracy



All of Hawaii benefits when people share their diverse ideas, experiences and expertise.

PAR provides the tools you need

An Office for Your Work at the Capitol

Computers with internet access

– prepare (and print) testimony; research legislative issues; work on email; monitor news and legislative broadcasts

Work space – a convenient place to use your laptop (free wireless & charging site); hold small meetings; do paperwork, read, or just take a break

Equipment – photocopier (for testimony and legislative correspondence only); television (monitor broadcasts and hearings); telephone

Reference materials – Hawaii Revised Statutes (HRS); Session

Laws of Hawaii (SLH); House and Senate Journals; dictionaries; manuals; information sheets and guides

Office essentials for use on site – a variety of office supplies are kept on hand – just let a staff member know what you need



Expert Staff to Assist You

In person, by phone, or via email

Legislative process – identify, locate and understand measures, actions, procedures and deadlines

"How to" – locate your legislators; offer testimony; track measures; navigate the Legislature's website

Identify resources – statutes; administrative rules; studies and reports; past legislation, acts, and testimony; State offices; Legislative Reference Bureau divisions

PAR Website, Newsletters and Information Sheets – clear, accessible materials on the legislature and effective participation



Individual & Group Workshops

Offered at the Capitol, off-site, or remotely via Zoom

Drop-in workshops – regularly scheduled throughout Session (contact us for times)

Schedule a workshop – as time and logistics permit, at the Capitol or at your groups's meeting site

Community workshops – as part of ongoing outreach, PAR offers workshops throughout the islands and remotely on Zoom

PAR is here to help!

Call 808.587.0478

Email par@capitol.hawaii.gov

You'll discover how right it feels to participate in your government. It's important. That's why the Legislature has ensured you have the tools you need to do your part.